

**New York  
City Alumnae  
Panhellenic**

# Sisterhood in the City

**April 2008**

**NYCAP News**

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## Panhellenic News

### Get Involved!

The executive board and membership of NYCAP is working hard in 2008 to increase visibility and member participation across the City. Our aim is to give the sisters of the NYC alumnae associations a wider networking and social group as well as opportunities to experience some great sights and activities in our wonderful city! We

started the year with a post-holiday gift exchange, where members met to eat, drink and chat as they swapped some

of their less-than-perfect holiday gifts. Held at Kira Zmuda's Park Slope apartment, the women who attended found the event to be an entertaining and cozy "day in." In mid-

February, a group of more than ten women met in Central Park for an early afternoon of ice skating followed by brunch at Sarabeth's. The outing was a great success; no one left the ice with serious bruises and the workout made the yummy breads and pastries almost guilt-free! In early March, we brought a little bit of Caribbean sunshine to warm us as we enjoyed a fabulous brunch at Havana Alma de Cuba in the West Village. Women from more than seven different organizations shared laughs, stories, business cards, and, of course, sangria, during a great afternoon.

through your Panhellenic delegate. We can't wait to meet you!



Kira (far left) was an excellent hostess!!

With at least one activity planned for every month of 2008, NYCAP offers something for everyone. Grab a friend and come to our next event. Keep an eye out for news and Evites

Visit us at  
[http://  
nycalumnaepanhellenic.com](http://nycalumnaepanhellenic.com)

### Special Interest:

- Become a Diva! Get started on page 2.
- Looking for some hot new date spots? Check out page 2.
- Want to get involved with international women's rights? See how on page 3.

### Upcoming Events

Don't forget to register for the **May 10th Spirit Cruise!** Women from every association are invited to circle the harbor with us from noon-2p.m to celebrate the coming of summer. The cost of \$55 per person (you can bring whomever you'd like!) includes a buffet brunch, a live musical revue, and one of the hottest DJs in the city! Check your chapter news for details, or email Marisa ASAP at [mwilkes@sorosny.org](mailto:mwilkes@sorosny.org). Tickets need to be secured very soon, so don't miss out!

Keep an eye out for details about **Sex and the City Movie Night!** NYCAP will be hosting a trip during opening weekend!

Delegates, we look forward to seeing you at the **2nd Quarter General Meeting**, being held April 8th at 400 W59th St, Third Floor, at 6:30p.m.

**Congratulations to  
Shayna Stoyko of Kappa  
Delta on her recent  
engagement! We wish  
you a lifetime of  
happiness.**

## Chapter Updates



### Sigma Kappa

These ladies went high style with a luxury sleepover at the W hotel; they snacked and chatted all night long! This month, they'll welcome representatives from headquarters as they present to local colleges about colonization. We're sure you'll wow them!

### Alpha Xi Delta

The ladies of Alpha Xi Delta are off to a busy and terrific 2008! In late February, 15 women attended *Spring Awakening* and had a fabulous time (see left). The Alumnae Association also held Game Night in March and is looking forward to celebrating Founders' Day in April!

### Kappa Delta

Kappa Delta is gearing up for their annual philanthropy event, which will take place at M1-5 in Tribeca and feature up and coming NYC designers selling jewelry, clothes, and more! A DJ, raffle, and drink specials round out the day and 10% of all sales will go to support Prevent Child Abuse America. Good luck, ladies!

### Alpha Phi

Alpha Phi began 2008 with a murder mystery scavenger hunt at the Met that sent them searching for "who done it". February brought a preview showing of the new Latin musical *In the Heights* and they rate it *Phi*-nominal! The sisters ran their annual fundraiser online this year, sending weekly e-newsletters with heart-healthy information and ended the month with a "Healthy" Happy Hour (a little red wine can be good!). With the help of the Metro D Phi E chapter, they raised \$437.00 for Cardiac Care. Well done!

### Kappa Kappa Gamma

A recent social with the brothers of Sigma Chi was a huge success, and the women are looking forward to an NYU presentation on April 10th to hopefully bring a new chapter to NYC!

## Sisters in the Spotlight

### Unleash your Inner Diva!

Jami Stigliano of Alpha Xi Delta is the founder and "Head Diva in Charge" of DivaDance Company, which recently held its semi-annual dance showcase for dancers' friends and family at New Dance Group Theatre on March 8th. 35 Divas performed hip hop, jazz, and lyrical routines to some of the hottest songs out right now including Janet Jackson's "Feedback", Chris Brown's "Kiss Kiss", and One Republic's "Apologize". The finale of the show was the crowd favorite—a nod to Michael Jackson's 25th anniversary of THRILLER! "Dead Divas" performed wearing torn tight and zombie

hair, and of course rocked some of the original choreography from the 1983 video! DivaDance holds classes for all levels, shapes, and sizes of Divas—whether you have years of dance training or just minutes of your own glory in front of your mirror or in a club! DivaDance is not just a dance company; it's a community of young, chic, urban professional women who in their day jobs are accountants, lawyers and marketing goddesses and after work, all share the common bond of a love of dance! Everyone comes to have a great time and leaves feeling confident and sexy, like a bad-ass DivaDancer who just stepped out of the latest music video. One of the most popular DivaDance classes is Di-

vaStrip—this Pussycat Dolls-inspired class utilizes everything from chairs to boas, hats, and scarves to help you unleash your inner sexy goddess!

To learn more about DivaDance, visit [www.divadancenyc.com](http://www.divadancenyc.com). Get the "Greek discount" - \$5 off your next class—by mentioning that you read about the company in the Panhellenic newsletter!



## Best of NYC Recommendations And Reviews



**Cafe Notte**, which recently took over the former home of DTUT (i.e. beloved UES coffee shop) on 2nd Avenue between 84th and 85th, is a great little wine bar with paninis, salads, and elegant "your choice" cheese trays. The mood is chic and sexy, definitely a great date spot, but the comfortable seating makes it a fun place for book clubs or girls' nights, too.

The **New Museum** on Bowery is currently showing a four part exhibition called *Unmonumental*. A trip provides you a couple hours' exploration of contemporary, multimedia commentary on history, politics, and the future. It's probably not art you'll want to hang in your living room, but the scale of the installed murals and the innovative uses of common materials will leave you with thoughts to ponder.

**Joya**, on Court St. at Warren St. in Brooklyn, is excellent Thai food at really affordable prices. All of the noodle dishes are delicious, the menu has a great selection of curries, and their house appetizer, calamari, is the best I've had in NYC. The restaurant has a great modern atmosphere and a beautiful backyard garden. Take the 4/5/2/3/R/M to Borough Hall, the A or C to Jay St., or the F or G to Bergen St. Manhattanites, it's well worth the little trip!

Check out **Il Corallo Trattoria** on Prince St. between Thompson St. and Sullivan St. for authentic and delicious Italian food. Come hungry - the portions are really substantial, and plan to leave with enough cash left over to check out some late night hot spots in the neighborhood! Head over there before visiting the New Museum and get the lunch special for \$8.95 or try the weekend brunch specials.

## Greeks in the News

### Working Together to Promote Greek Life

With all of the bad publicity the Greek community gets, from hazing and date rape incidents dominating the news to television shows and movies that portray us as wild, incorrigible, and without scruples, it is understandable why many parents worry about their college-age children joining Greek life. Around the country, active sorority women, alumnae, and their families

are starting initiatives to combat this negativity, rebuild the reputation of sororities as positive social, academic, and philanthropic communities, and bring a new generation of women into our organizations. One such initiative is the Mother Daughter Recruitment Forum held by the Associated Sorority Women of Corpus Christi in Texas. The group invites high school seniors, college freshmen, and transferring students to come learn about sorority life from insiders of several ages

so they can make informed decisions. (See [www.caller.com](http://www.caller.com) for more information.) As adults who know the multitude of benefits that can come from an active Greek community and the leadership skills and lifelong friendships that our organizations build, it is up to us to launch more initiatives like this and bring respect and dignity back to sorority life. Who's in?

## Women's Interest

### Breaking the Silence (Just Might Work)

In media stories about Female Genital Mutilation (sometimes referred to as female "circumcision"), the men of cultures in which many women and girls undergo this painful and scarring procedure are often made out to be villainous tyrants. New reports like those by Megan Sapp of Women's ENews and research projects like that conducted by the United Nations Volunteer program, however, seem to indicate that it is a combination of a lack of information and a culturally-embedded hesitancy to ask and not true support of the

practice that leads many men to accept it. When the topic is brought out into the open, reporters and researchers are finding that not only are many men unaware of the procedural details or repercussions and have only heard about it in vagaries and whispers, but once details are revealed to them, many are appalled and become vehemently opposed to the practice. Eradicating a centuries-old ritual that encompasses both religious and cultural traditions, no matter how devastating it is, will probably take more than a few frank conversations.

It is heartening to realize, however, that there are common threads of compassion and humanity that outshine ties of nationality and religion and that one day soon we may see a world in which the right to government of self, respect for pleasure and equality in sexual relationships, and expectation of protection from harm for everyone are commonplace.

To learn more about you can help to end FGM and other injustices against women, visit [www.equalitynow.org](http://www.equalitynow.org).

### \*Bonus\* Support a Sister and Help fight Leukemia

Lindsey Goyne of Kappa Kappa Gamma will be competing in the St. Anthony's Triathlon in St. Petersburg, FL on 4/27 and the Nautica NYC Triathlon in Central Park on 7/20 with the goal of raising \$10,000 to accelerate cures for leukemia, lymphoma, and myeloma. She is already \$7,855 toward this goal and needs your help to reach the full amount. This year, she is training in honor of a young boy she baby-sits who is a survivor of type three Acute Myelogenous Leukemia. Visit <http://www.active.com/donate/tntnyc/tntnycL> Goyne to hear his story and make a donation via the link on her website. Good luck, Lindsey!

### Sisterhood in the City

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